We develop a microscopic model for the recently demonstrated double-quantum-dot maser. In characterizing the gain of this device we find that, in addition to the direct stimulated emission of photons, there is a large contribution from the simultaneous emission of a photon and a phonon, i.e., the phonon sideband. We show that this phonon-assisted gain typically dominates the overall gain, which leads to masing. Recent experimental data are well fit with our model.

The coherent generation of light in a laser provides fundamental insights into the interaction between light and matter [1]. Lasers operating in the few-emitter limit probe this interaction at the level where quantum effects are crucial for understanding the device operation [2–4]. Single emitter lasers were first demonstrated in atomic systems [5,6] and, subsequently, extended to solid-state systems, where one must contend with a strong coupling of the emitter to the surrounding environment [7–10].

Several groups have explored the possibility of achieving a maser with gate-defined semiconductor quantum dots as the gain medium [11–14]. Recently a successful demonstration of such a maser was achieved by coupling two InAs nanowire double quantum dots (DQDs) to a microwave cavity [15]. Because of the large Coulomb charging energy $E_c \sim 5 \text{meV}$, these systems provide tunable gain from gigahertz to terahertz frequencies using external gate voltages. Operating in the few-emitter limit, they may enable the creation of quantum states of light [16] and entangled states of DQDs and light [17–20]. The strong environmental coupling in these devices allows the study of competing emission mechanisms, e.g., phonon versus photon [21]. While the role of electron-phonon coupling has been considered in previous work on optical quantum dot lasers [22–25], electrically driven quantum dots probe a much lower energy scale. Finally, previous theoretical work predicts a small, narrow gain feature in the DQD emission spectrum [11–13]. This is in contrast with the experimental results, where high gain is observed over a much larger energy range [14,15]. Resolving this discrepancy is crucial for future applications of the DQD-cavity system to both maser operation and quantum information tasks.

In this Letter, we develop a microscopic model for the recently demonstrated DQD maser [15]. In characterizing the gain of this device, we find, in addition to the direct stimulated emission of photons into the cavity, a large contribution from transitions that involve the simultaneous emission of a photon and a phonon, i.e., the phonon sideband. These effects have not been considered in previous related work [11–13]. Under typical experimental conditions, the phonon sideband dominates the gain and, therefore, sets the energy range over which masing occurs. We find the experimental data from Ref. [15] are well fit with a theoretical model accounting for this phonon process.

A schematic of a DQD maser is shown in Fig. 1. The gain medium consists of one or several DQDs coupled to the common mode of a microwave resonator [Fig. 1(a)]. With a bias applied across the DQDs, current flows via single electron tunneling and, in Refs. [14,15], gain was observed in the cavity transmission. However, this gain occurred over a much wider range of DQD transition frequencies than the cavity resonance and was much larger than is predicted from a Jaynes-Cummings model. We can understand the broadening of the gain at a qualitative level.

![FIG. 1 (color online). (a) Schematic of the combined DQD, cavity, and phonon system. (b) DQD energy spectrum versus detuning $\epsilon$ for $\Gamma = 16.4 \mu\text{eV}$, the direct photon emission process, and the phonon sideband for $\omega_c/2\pi = 8 \text{GHz}$. (c) Transport cycle for the DQD maser: a finite source drain bias leads to current flow via single electron tunneling. The interdot charge transition is accompanied by direct photon emission into the cavity (near zero detuning) or a second order process involving emission of a photon and a phonon (large detuning). Electrons tunnel onto(off of) the left(right) dots at rate $\Gamma_l(r)$.](image)
by noting that the electron-phonon interaction will dress the electronic states of the quantum dot with the phonons in the nanowire. This leads to a phonon sideband whereby energy is conserved through the simultaneous emission of a phonon and cavity photon, as illustrated in Figs. 1(b) and 1(c). To understand how this affects the maser note that effective maser operation requires a large population inversion, and a rapid repumping rate. The peak emission rate for the direct process occurs when the DQD is on resonance with the cavity. Without precise tuning of the system, this does not always correspond to the optimal operating point for the maser (e.g., as is the case in Refs. [14,15]). Furthermore, in the presence of charge noise it is difficult to stabilize the DQD at the resonance condition. In this far-off resonant regime, we show that the phonon sideband strongly dominates over the gain from direct photon emission. As a result, the DQD maser dynamics is typically dominated by this phonon-assisted process and not direct photon emission.

**DQD gain medium.**—To analyze the maser process we first need to characterize the DQD gain medium and its coupling to the microwave cavity. Following previous theoretical work [11–13], we develop a simplified microscopic model for the system, consisting of a DQD, a single mode cavity, a phonon bath, and leads. From this model we can extract the gain, which is determined by three distinct quantities: the DQD photon emission and absorption rates and the population inversion of the DQD. We then expand this result to multiple dots in the sideband-dominated limit.

Because of Coulomb blockade, each DQD can be restricted to two orbital states |L⟩ and |R⟩, where |L⟩ has (M+1,N) electrons and |R⟩ has (M,N+1) electrons in the left (right) dots. The different charge configurations of these states result in an electric dipole moment on the order of D ≈ 1000ea0, where e is the electronic charge and a0 is the Bohr radius. The Hamiltonian describing a single DQD coupled to a cavity is given by

\[ H_0 = \frac{e}{2} \sigma_z + t_c \sigma_x + \hbar \omega_c a^\dagger a + \hbar g_0 \sigma_z (a + a^\dagger), \]  

where \( \sigma_x \) are Pauli matrices operating in the orbital subspace |L⟩ and |R⟩, \( e \) is the detuning between the two dots, \( t_c / \hbar \) is the interdot tunneling rate, \( \omega_c \) is the cavity frequency, \( g_0 \) is the DQD-cavity coupling, and \( a^\dagger (a) \) are the photon creation (annihilation) operators. The electron-phonon interaction takes the generic form

\[ H_{ep} = \sum_q \omega_q (q) \bar{a}_q^\dagger a_q + \lambda_q (q) \sigma_z (\bar{a}_q^\dagger + a_q), \]

where \( \omega_q (q) \) is the phonon dispersion, \( \lambda_q (q) \) is a coupling constant that depends on momentum \( q \) and mode index \( \nu, \) and \( a_q^\dagger (a_q) \) are the phonon creation (annihilation) operators. The exact form of \( \lambda_q (q) \) is set by the electronic wave functions, material properties, and boundary conditions. We focus on the phonon properties of nanowire quantum dots [26].

Diagonalizing the first two terms in \( H_0 \) leads to the eigenstates \( |\pm\rangle \)

\[ |+\rangle = \cos(\theta/2)|L\rangle - \sin(\theta/2)|R\rangle, \]

\[ |-\rangle = \sin(\theta/2)|L\rangle + \cos(\theta/2)|R\rangle, \]

where \( \theta = \tan^{-1}(2t_c/e) \). These states have an energy splitting \( \hbar \omega_d = \sqrt{\omega_c^2 + 4\lambda_0^2} \) shown in Fig. 1(b). Writing the Pauli matrices in this new basis, the interaction between the DQD, phonons, and cavity photons is

\[ H_{int} = \hbar (\cos \theta \sigma_z + \sin \theta \sigma_x) \left[ g_0 a + \sum_{q,\nu} \lambda_q (q) a_{q\nu} + \text{H.c.} \right]. \]

From this interaction we see that both phonons and photons will cause relaxation from \(+\) to \( -\); therefore, single electron tunneling through the dots will be correlated with photon and phonon emission [26,27].

In the presence of a finite source-drain bias, an electron first tunnels from the drain to the left dot, followed by an interdot charge transition from |L⟩ to |R⟩, and then leaves the right dot by tunneling to the source. In the context of the maser, this can lead to a population inversion when \( e > 0 \) as it continually repumps \(+\). In the limit where only single electrons can tunnel through the DQD, this process can be modeled by including a third, empty dot state |0⟩ with incoherent tunneling rates \( \Gamma_{\nu} \) from |0⟩ → |L⟩ and \( \Gamma_{\nu} \) from |R⟩ → |0⟩ [see Fig. 1(c)]. Thus, the dynamics for a single DQD can be described by the master equation for the density matrix \( \rho \) [12]

\[ \dot{\rho} = -\frac{i}{\hbar} [H, \rho] + \kappa D[a] \rho + \Gamma_{\nu} D[|L\rangle\langle 0|] \rho + \Gamma_{\nu} D[|R\rangle\langle 0|] \rho, \]

where \( H = H_0 + H_{ep} \) describes the coherent dynamics (including the phonons) and the incoherent evolution is described by the Lindblad superoperators \( D[A] \rho = -1/2 [A^\dagger A, \rho] + A \rho A^\dagger \) for any operator \( A \), corresponding to cavity decay, at rate \( \kappa \), and inelastic electron tunneling.

Neglecting the phonons, the emission rate of photons into the cavity can be found perturbatively for small \( g_0 \) by using the Heisenberg-Langevin equations for the DQD-cavity system in a rotating wave approximation:

\[ \dot{\sigma}_z = -[\Gamma + i (\omega_d - \omega_0)] \sigma_z + ig_0 \sin \theta a \sigma_z + \sigma_z F_d. \]

\[ \dot{a} = -\kappa/2a + ig_0 \sin \theta \sigma_z + F_c. \]

Here, \( F_{d,c} \) are the associated noise operators for the cavity (dot) baths and \( \Gamma \) is the total dephasing rate (defined below). Adiabatic elimination and mean field theory, i.e., \( \langle a \sigma_z \rangle \approx \langle a \rangle \langle \sigma_z \rangle \), appropriate for large \( \Gamma \), gives the equation of motion for the cavity photon number \( n_c = \langle a^\dagger a \rangle \),

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\( \dot{n}_c = -(\kappa - R(\sigma_z))(a^\dagger a) \), where the direct photon emission rate for the DQD is

\[
R \approx \frac{8\gamma_0^2}{\omega_0^2} \frac{g_c^2}{\omega_0^2 + (\omega_d - \omega_c)^2} \Gamma.
\]  

(6)

The dominant effect of phonons is to induce relaxation from \(|+\rangle\) to \(|-\rangle\) via phonon emission. Neglecting cavity effects, the zero-temperature emission rate is given by Fermi’s “golden rule” as

\[
\gamma_d = \frac{8\pi I_c^2}{\omega_0^2} J(\omega_d),
\]

(7)

where \( J(\omega) = \sum_{q,\nu} |\lambda_q(\omega)|^2 \delta(\omega_q(q) - \omega) \) is the spectral density of the phonons. In the presence of thermal phonons with distribution \( n_p(\omega) \), the total emission rate is

\[ \gamma_d^\dagger \equiv \gamma_d(n_p(\omega_d) + 1). \]

Starting in \(|-\rangle\), there is also absorption at the rate \( \gamma_a = \gamma_d n_p(\omega_d) \). Using these expressions, we can write the total dephasing rate as \( \Gamma = (\gamma_d^\dagger + \gamma_d^\dagger + \Gamma_R)/2 \). We treat the phonon spectral density \( J(\omega) \) using the microscopic model and measurements in Refs. [26,28–30].

We take a 25 nm radius nanowire with a separation between the two dots \( d = 120 \) nm, an axial confinement \( a = 25 \) nm for each dot, and a phonon speed of sound \( c_n = 4000 \) m/s [31].

The effect of phonons on the photon emission is calculated by first performing a polaron transformation \( H’ = UHU^\dagger \) with [29]

\[
U = e^{-i g_c(a^\dagger a + \sum_{q,\nu} \lambda_q(\omega) (a^\dagger - a^\dagger))/\omega_0} \cos \theta \sigma_z,
\]

(8)

which removes the \( \sigma_z \) terms in the interaction. The polaron transformation serves to disconnect the electronic states of the DQD with the ambient phonons in the environment. Perturbatively in \( g_c/\omega_0 \) and \( \lambda_q(\omega)/\omega_0 \) this results in explicit terms in the Hamiltonian, which have not been considered in previous theoretical treatments of the DQD maser [11–13], describing second order photon-phonon processes

\[
H’ = \frac{4t_c e}{\omega_0} \sum_{q,\nu} \frac{i \tilde{g}_c \lambda_q(\omega)}{\omega_0} \left[ \left( a_{\nu}(q) + a^\dagger_{\nu}(q) \right) (aa^\dagger_{\nu} - a^\dagger a^\dagger_{\nu}) \right]
\]

\[
+ \left( a^\dagger_{\nu}(q) - a_{\nu}(q) \right) \left( a a^\dagger_{\nu} - a^\dagger a^\dagger_{\nu} \right) \gamma_d + H’,
\]

(9)

where \( H’ \) contains terms that do not directly couple photons and phonons. The first term in Eq. (9) leads to photon-assisted emission [Fig. 1(b)], whereby relaxation from \(|+\rangle\) to \(|-\rangle\) occurs by emitting a phonon of frequency \( \omega_0(\nu) = \omega_d - \omega_c \) along with a cavity photon. The second term leads to phonon-assisted absorption, whereby relaxation occurs by emitting a phonon of frequency \( \omega_0(\nu) = \omega_d + \omega_c \) and absorbing a cavity photon. Using Fermi’s golden rule, these two terms give the zero-temperature, phonon-assisted photon-emission \( \gamma_c \) and photon-absorption \( \gamma_a \) rates as

\[
\gamma_c \approx \frac{32\pi g_c^2 e^2 \omega_0}{\omega_0^2 \omega_c^2 (\omega_d - \omega_c)^2} J(\omega_d - \omega_c).
\]

(10)

\[
\gamma_a \approx \frac{32\pi g_c^2 e^2 \omega_0}{\omega_0^2 \omega_c^2 (\omega_d + \omega_c)^2} J(\omega_d + \omega_c).
\]

(11)

In the presence of thermal phonons, we define \( \gamma_c^\dagger \) analogously to the case for the direct phonon process, where \( \downarrow \) refers to transitions from \(|+\rangle\) to \(|-\rangle\) and vice versa for \( \uparrow \). These thermal contributions are important because, in addition to the ambient thermal phonons in the DQD, pumping current through the dot will generate a large population of phonons through Ohmic heating of the nanowire. Since the equilibration time of the phonons is on the order of picoseconds \( \sim 10 \) ps and the cavity dynamics occurs over a time scale of hundreds of nanoseconds \( \sim 100 \) ns, we can take the phonon bath to be in equilibrium with an effective temperature \( T_{eff} \), such that \( n_p(\omega) = (e^{\hbar \omega/k_B T_{eff}} - 1)^{-1} \). In Ref. [14], \( T_{eff} \) was estimated to be as high as \( 1 \) K due to the large nanoampere currents flowing through the nanowire.

Figure 2(a) shows the key quantities in determining the gain for parameters similar to Refs. [14,15]: the population inversion \( \langle \sigma_z \rangle \), obtained from Eq. (5) in the absence of the cavity, and the various photon emission and absorption rates. For \( \epsilon = 0 \) the DQD eigenstates are equal admixtures of \( |L\rangle \) and \(|R\rangle \) and the inversion is small, while for large, positive \( \epsilon \), \(|+\rangle \rightarrow |L\rangle \), the system becomes completely inverted as seen in Fig. 2(a). Although \( R \) and \( \gamma_c \) are comparable in magnitude, \( R \) dominates at small detunings, where the population inversion is small, and \( \gamma_a \) dominates at large detunings, where there is a large population inversion. Based on Eqs. (6)–(10), it is possible for \( R \) to dominate the gain at large \( \epsilon \) when \( \omega_c \gg 2t_c \). However, this analysis has so far neglected charge noise in the system. In

FIG. 2 (color online). (a) Population inversion \( \langle \sigma_z \rangle \), direct photon rate \( R \), and phonon-assisted emission \( \gamma_c \) and absorption \( \gamma_a \) rates as a function of \( \epsilon \) with \( t_c = 16.4 \) \( \mu \)V, \( g_c/2\pi = 90 \) MHz, \( \omega_c/2\pi = 8 \) GHz, \( J(2t_c/\hbar) = 5 \) GHz, \( \Gamma_c/2\pi = \Gamma_a/2\pi = 4 \) GHz, and \( T_{eff} = 0 \). (b) \( \gamma_c/\kappa \) plotted as a function \( \epsilon \) and \( \omega_c/2\pi \). The dashed line corresponds to \( \omega_c/2\pi = 8 \) GHz used in Ref. [15].
Ref. [14,18], this was estimated to lead to slowly varying noise in $\epsilon$ with a rms value of $(20–40) \mu eV \gg \hbar \Gamma \approx 1 \mu eV$. In the presence of such large noise, $\gamma_c$ will dominate over $R$ for large $\epsilon$. Figure 2(b) shows $\gamma_c$ for varying $\epsilon$ and $\omega_c$. Because the phonon-assisted process is perturbative in $g_c/\omega_c$, it has the strongest effect for small cavity frequencies. The second peak at $\epsilon = 150 \mu eV$ arises from the second phonon branch in the nanowire.

**DQD maser.**—Away from the masing threshold, we can find the response of the system within mean field theory. Including thermal effects, the Heisenberg-Langevin equations give rise to the mean field equations for the field amplitude $a = \langle a \rangle$ and the population in the upper state $u = \langle \uparrow \rangle\langle \uparrow \rangle$ [16,31]:

$$\frac{\dot{a}}{} = -\left(\kappa - g(u)\right)/2 + i\delta a + \Omega, \quad \mathcal{G}(\delta) = \frac{k^2}{\left|\kappa - g(u_0)\right|^2 + 4\delta^2}.$$  

From transmission measurements it is known $\omega_c/2\pi = 8$ GHz and $\kappa/2\pi = 2.6$ MHz [15]; modeling the current through the dot at finite bias gives $t_c = 50(10) \mu eV$, $\Gamma_c/2\pi = \Gamma_r/2\pi = 17(2)$ GHz, and $T_{\text{eff}} = 3(1)$ K [14], and the gain at zero bias gives $g_c/2\pi = 100(20)$ MHz [14,32]. To account for charge noise, we convolved the gain with a Gaussian of width $40(10) \mu eV$ [18]. Finally, we find $J(2t_e/h) = 2.4(2)$ GHz by fitting the gain at finite bias including only the first order phonon branch in $J(\epsilon)$ (which is a valid approximation for $|\epsilon| < 200 \mu eV$ for a 25 nm radius nanowire [26]). To match the broad tails in the gain data for $\epsilon > 200 \mu eV$ [see Fig. 3(a)], we include the coupling to the second longitudinal mode and substrate phonons [31].

Figure 3(a) shows the comparison between the measured $G(\epsilon)$ for a single DQD and a fit to our model. From the data we can conclusively rule out a model with just the direct photon emission process as it would require a DQD-cavity coupling $g_c$ 10–100 times larger than what was measured. On the other hand, when the phonon-assisted processes are included, we find good agreement.

Equations (12) and (13) predict a masing transition when $g(u_0) \gtrsim \kappa$. This is consistent with the experimental results, where there are two DQDs in the cavity, each with peak gain rates slightly below the cavity linewidth. When only one DQD is configured to maximum gain, no significant photon emission is observed; however, when both are tuned to maximum gain, such that the combined gain rate is greater than the cavity linewidth, masing is observed [15].

Because of the strong dependence of the gain on the phonon-assisted process, measuring the gain near threshold is a sensitive measurement of the phonon spectral density $J(\omega)$. In particular, by tuning $\omega_c$ and measuring the gain curves as in Fig. 3(a), one could precisely determine the frequency dependence of $J(\omega)$ by extracting $g(u_0)$. This is illustrated in Fig. 3(b), which shows $g(u_0)$ at $T_{\text{eff}} = 0$ for varying $\epsilon$ and $\omega_c$, where we see that there will be a second peak in the gain at low frequencies when $\omega_J - \omega_c \approx \gamma_c$. A recent experiment observed a second masing peak for two DQDs in a cavity [16].

Finally, this work shows that phonons will be important for circuit quantum electrodynamics (QED) experiments involving spin-photon entanglement and the generation of nonclassical states of light. In conventional cavity QED, the fidelity of these operations is limited by the largeness of the Purcell factor $g_c^2/\kappa \Gamma$ [17]. In the case of the DQD, as $g_c$...
approaches $\omega_c$, the phonon-assisted processes can dominate over the bare relaxation rate $\Gamma$. This will ultimately constrain the fidelity of these operations, but it also represents an unexplored regime of cavity QED that is unique to the solid-state environment and energy scales of the DQD system.

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[32] Parentheses refer to 95% confidence intervals.